



## *Make up for Session 6*

## *Digging through the Sacraments*

We are not starting this make up assignment of the sacraments from scratch. From the time you were small children, you have learned about and participated in the sacraments. You have gone to Mass on Sunday every week. Most of you were baptized as babies, but since then you have had First Eucharists and First Reconciliations. You already know quite a bit about the sacraments from religious education classes and your participation in the sacraments.

Our goal is to go deeper. Our starting point, however, is what you already know.

### Task 1

Name the seven sacraments and write one or two sentences that describes each of the sacraments. Share what you know to be true. You do not need to research, simply share what you know.

### Task 2 Choose ONE of the following.

#### Option A

Imagine you are a high school religion teacher. You are going to present a lesson on either Confirmation or Reconciliation. Plan a lesson. Your lesson should include:

1. An icebreaker
2. A time for your students to share in pairs or small groups, what will you have the learners do?
3. The lesson of what you believe the learners need to know. You need to have about 10-20 bullet points about what you will teach about the sacrament.
4. Closing prayer

#### Option B

Imagine the Pope called you and asked you to consider and present a proposal for a new sacrament. Think about what life event needs to be celebrated in a religious ceremony. Your new sacrament needs to include:

1. The life event that the sacrament will be celebrating. (i.e. Baptism is similar to birth, where birth brings one into the world, baptism brings one into the church)
2. What symbols will be used? (i.e. Sacred Chrism oil is used at Confirmation; Water is used at Baptism etc.)
3. What kinds of rituals will you envision? (i.e. Eucharist has a number of prayers said around the altar, gifts are blessed and there is a ritual meal)
4. What will be the results to this sacrament? (the result of matrimony is marriage and perhaps a family, the result of reconciliation is freedom from the pain of sin)

When your work is complete please email it to [dponnet@hollyfamily.org](mailto:dponnet@hollyfamily.org) by January 1, 2020