

Make up for Confirmation 2 Session 5 – Sin and Reconciliation

Task #1 – Below are four parts of ourselves that can experience both positive and negative experiences. In today's society, think of things that can negatively affect a teen in these four areas. You can list as many as you want, but you should have at least 5 for each category.

Mind – Thoughts that can negatively impact the mind.

Heart – emotional experiences that can negatively impact the person.

Body – physical experiences that can negatively impact the body.

Relationships – Things can happen with another that negatively impacts relationships.

Task #2 – Look at your four lists from Task #1, decide whether each thing in the list falls in any of the three categories:

- 1) Things that other people do or say to us.
- 2) Choices we make that have a negative affect on us or others.
- 3) Things that are no one's fault, but they still have an impact on us.

Put a 1, 2, or 3 next to each thing in the four lists depending on which one you think it belongs to. If you think it can be more than one, put both numbers.

Task #3 – Choose 2 of the following scripture passages. After reading each one write a reflection on each. Include 1) what did you think of the passage?, 2) How does this passage say to us about our Relationship with God or the relationship we should have with our fellow brothers and sisters in Christ?, 3) What do you believe the passage means for you as a Catholic?

Philippians 4:13

Psalm 146:2-3

Matthew 11:28-30

Matthew 18:15

You need to complete all three tasks to get credit for the make-up. Once you complete them, please email a pdf or Word Document to

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